

SOMOGYI KANÁSZTÁNC
(Hungary)

Translation: Shepherd's Dance from Somogy.

Pronunciation: SHOH-moh-dyee KAW-nahs-tahnts

Music: Folkraft LP-40, side A, band 5. 2/4 meter.

Formation: Individually in a circle, M with fists on waist, W with hands on waist. May also be done in circles with low hand hold, or in cpls holding R or L hands, or in shldr hold.

Steps and Motifs:


Step 1. Bokázó (Click) 

Click R ft to L ft (this movement is accompanied by a slight CCW pivot on the ball of the L ft so that the L heel moves slightly to R to meet the R heel (ct 1); repeat the preceding movement with opp ftwk (ct 2).

Step 2. Dobogós Cifra (Stamping cifra) 

Meas 1: Facing slightly to R, stamp R ft to R, taking wt (ct 1); stamp L ft next to R, taking wt (ct &); stamp R in place, taking wt (ct 2).

2: Repeat action of meas 1 with opp ftwk and direction.

Step 3. Kopogós (Heel stamp) 

Facing slightly R and moving R, stamp onto R ft, bending knee (ct 1); stamp L heel in front of R ft, taking wt on L (ct &). This stamp takes only 1/2 meas.

Step 4. Cifra 


Facing slightly R, stamp fwd on R (ct 1); stamp on L moving in same direction (ct &); stamp on R (ct 2).

Step 5. Elöre Dobogós (Stamp forward) 

Meas 1: Stamp fwd on R ft, taking wt, bending knees, and turning slightly to R (ct 1); repeat action of the preceding ct with opp ftwk and direction (ct 2).

2: Repeat action of meas 1, Step 2.

3-4: Repeat action of meas 1-2 with opp ftwk.

Step 6. Légbokázó (Click in air) 

Meas 1: Jump on both ft in place (ct 1); click heels together in air (ct &); repeat action of cts 1, & (cts 2, &).

2: Land on R ft (ct 1); step on L crossing behind R ft (ct &); stepping into stride pos, stamp R ft to R (ct 2).

3-4: Repeat action of meas 1-2 with opp ftwk and direction.

THE SEQUENCE OF THE DANCE

Meas

Pattern

NO INTRODUCTION

SOMOGYI KANÁSZTÁNC (continued)

- I. BOKÁZÓ
 1-8 Dance the bokázó motif (Step 1) eight times.
- II. DOBOGÓS
 1-8 Dance the dobogós cifra (stamping cifra) motif (Step 2) four times.
- III. KOPOGÓS
 1-7 Dance the kopogós (heel stamp) motif (Step 3) 14 times.
 8 Do the cifra step (Step 4) once.
 9-16 Repeat action of meas 1-8 with opp ftwk and direction (move to L).
- IV. ELŐRE DOBOGÓS
 1-8 Dance the előre dobogós (stamp fwd) motif (Step 5) twice.
- V. LÉGBOKÁZÓ
 1-8 Dance the légbokázó (clicks in air) motif (Step 6) twice.

Presented by Kálmán and Judith Magyar